

$$\begin{aligned}
 \textcircled{1} \quad I_z &= \int (x^2 + y^2) dm = \int (x^2 + l^2) dm \\
 &= l^2 m + \int x^2 dm = l^2 m + \rho \int_0^l dx \int_0^x dz x^2 \\
 &= l^2 m + \frac{m}{l^2/2} \int_0^l dx x^3 = l^2 m + \frac{m l^2}{2} = \frac{3}{2} m l^2
 \end{aligned}$$

$$\begin{aligned}
 I_x &= \int (z^2 + y^2) dm = \int (z^2 + l^2) dm \\
 &= l^2 m + \int z^2 dm = l^2 m + \rho \int_0^l dx \int_0^x dz z^2 \\
 &= l^2 m + \frac{m}{l^2/2} \int_0^l dx \frac{x^3}{3} = l^2 m + \frac{m l^2}{6} = \frac{7}{6} m l^2
 \end{aligned}$$

$$I_y = \int (x^2 + z^2) dm = \frac{m l^2}{2} + \frac{m l^2}{6} = \frac{2}{3} m l^2$$

$$I_{xy} = - \int xy dm = -l \int x dm = -l m x_G = -\frac{2}{3} m l^2$$

$$I_{zy} = - \int zy dm = -l \int z dm = -l m z_G = -\frac{1}{3} m l^2$$

$$\begin{aligned}
 I_{zx} &= - \int zx dm = -\rho \int_0^l x dx \int_0^x z dz = -\frac{m}{l^2/2} \int_0^l x dx \frac{x^2}{2} \\
 &= -\frac{2m}{l^2} \frac{l^3}{6} = -\frac{m l^2}{3}
 \end{aligned}$$

$$I^{(1)} = \frac{ml^2}{12} \begin{pmatrix} 14 & -8 & -3 \\ -8 & 8 & -4 \\ -3 & -4 & 18 \end{pmatrix}$$

(2)

$$I_x = I_z = \frac{1}{12} ml^2 + ml^2 \left(1 + \left(\frac{1}{2}\right)^2 \right) \\ = ml^2 \left(\frac{1}{12} + \frac{1}{4} + 1 \right) = \frac{4}{3} ml^2$$

$$I_y = 0 + ml^2(1+1) = 2ml^2$$

$$I_{xz} = -ml^2$$

$$I_{xy} = -m \times 0 \times 0 = -\frac{ml^2}{2}$$

$$I_{yz} = -ml^2/2$$

$$I^{(2)} = \frac{ml^2}{6} \begin{pmatrix} 8 & -3 & -6 \\ -3 & 12 & -3 \\ -6 & -3 & 8 \end{pmatrix}$$

(3) $I_{yz} = I_{yx} = 0$

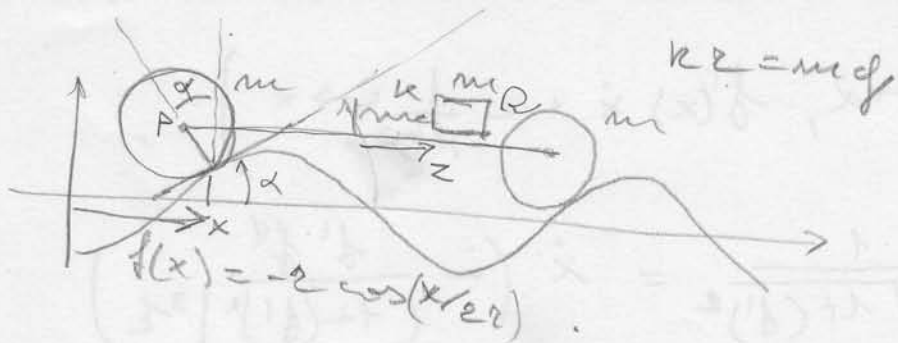


$$I_y = I_x + I_z$$

$$I_z = \int x^2 dm = \frac{m}{\pi/2} \int_0^{\pi/2} x^2 d\theta = \frac{m}{\pi/2} \int_0^{\pi/2} l^2 \sin^2 \theta d\theta \\ = \frac{2m}{\pi} l^2 \frac{\pi}{4} = \frac{ml^2}{2}$$

$$I_x = \int z^2 dm = \frac{m}{\pi/2} \int_0^{\pi/2} z^2 d\theta = \frac{m}{\pi/2} \int_0^{\pi/2} l^2 (1 - \cos \theta)^2 d\theta \\ = \frac{2m}{\pi} l^2 \int_0^{\pi/2} (1 - 2\cos \theta + \cos^2 \theta) d\theta \\ = \frac{2m}{\pi} l^2 \left\{ \frac{\pi}{2} - 2 + \frac{\pi}{4} \right\} = \frac{2ml^2}{\pi} \left\{ \frac{3\pi}{4} - 2 \right\}$$

$$I_{xz} = -\frac{2m}{\pi} l^2 \int_0^{\pi/2} \sin \theta (1 - \cos \theta) d\theta = -\frac{2ml^2}{\pi} \left(1 - \frac{1}{2} \right) = -\frac{ml^2}{\pi}$$



$$P = (x - r \sin \alpha, f(x) + r \cos \alpha)$$

$$\tan \alpha = f'(x) = \frac{1}{2} \sin\left(\frac{x}{2r}\right)$$

$$\sin^2 \alpha + \cos^2 \alpha = 1 \Rightarrow \tan^2 \alpha \cos^2 \alpha + \cos^2 \alpha = 1$$

$$\Rightarrow \cos^2 \alpha = \frac{1}{1 + \tan^2 \alpha} \Rightarrow \cos \alpha = \frac{1}{\sqrt{1 + \tan^2 \alpha}} = \frac{1}{\sqrt{1 + (f')^2}}$$

$$\Rightarrow \sin \alpha = \frac{\tan \alpha}{\sqrt{1 + \tan^2 \alpha}} = \frac{f'}{\sqrt{1 + (f')^2}}$$

$$\begin{aligned} V(x, z) &= 3 \left\{ f(x) + r \cos \alpha \right\} mg + \frac{1}{2} k z^2 \\ &= 3r \left\{ \cos \alpha - \cos \frac{x}{2r} \right\} mg + \frac{1}{2} k z^2 \\ &= 3r \left\{ \frac{1}{\sqrt{1 + \frac{1}{4} \sin^2 \frac{x}{2r}}} - \cos \frac{x}{2r} \right\} kr + \frac{1}{2} k z^2 \end{aligned}$$

$$\frac{\partial V}{\partial x} = 3kr^2 \left\{ -\frac{\frac{1}{8r} \sin\left(\frac{x}{2r}\right) \cos\left(\frac{x}{2r}\right)}{\left(1 + \frac{1}{4} \sin^2 \frac{x}{2r}\right)^{3/2}} + \frac{1}{2r} \sin\left(\frac{x}{2r}\right) \right\}$$

$$= \frac{3}{2} kr^2 \sin\left(\frac{x}{2r}\right) \left\{ -\frac{1}{4} \frac{\cos\left(\frac{x}{2r}\right)}{\left(1 + \frac{1}{4} \sin^2 \frac{x}{2r}\right)^{3/2}} + 1 \right\}$$

$$\frac{\partial V}{\partial z} = kz$$

LA PARABOLA QUADRA È SEMPRE POSITIVA QUINDI
 PUNTI STAZIONARI $\begin{cases} x = n\pi & n \in \mathbb{Z} \\ z = 0 \end{cases}$

$$\vec{p} = \left(\dot{x} - z \frac{d}{dt} \sin \alpha, f'(x) \dot{x} + z \frac{d}{dt} \cos \alpha \right)$$

$$\frac{d}{dt} \cos \alpha = \dot{x} \frac{d}{dx} \frac{1}{\sqrt{1+(f')^2}} = \dot{x} \left(- \frac{f' f''}{(1+(f')^2)^{3/2}} \right)$$

$$= -\dot{x} \frac{\left(\frac{1}{2} \sin \frac{x}{2r} \right) \left(\frac{1}{4r} \cos \frac{x}{2r} \right)}{\left\{ 1 + \left(\frac{1}{2} \sin \left(\frac{x}{2r} \right) \right)^2 \right\}^{3/2}}$$

$$\frac{d}{dt} \sin \alpha = \frac{d}{dt} \left(\tan \alpha \cos \alpha \right) = \dot{x} \frac{d}{dx} \left(f' \frac{1}{\sqrt{1+(f')^2}} \right)$$

$$= -\dot{x} \frac{\left(\frac{1}{2} \sin \frac{x}{2r} \right)^2 \left(\frac{1}{4r} \cos \frac{x}{2r} \right)}{\left\{ 1 + \left(\frac{1}{2} \sin \left(\frac{x}{2r} \right) \right)^2 \right\}^{3/2}}$$

$$+ \dot{x} \frac{\frac{1}{4r} \cos \frac{x}{2r}}{\left\{ 1 + \left(\frac{1}{2} \sin \frac{x}{2r} \right)^2 \right\}^{1/2}}$$

$$= \dot{x} \frac{\frac{1}{4r} \cos \frac{x}{2r}}{\left\{ 1 + \left(\frac{1}{2} \sin \frac{x}{2r} \right)^2 \right\}^{3/2}}$$

$$\dot{p}^2 = \dot{x}^2 + z^2 \left\{ \left(\frac{d}{dt} \sin \alpha \right)^2 + \left(\frac{d}{dt} \cos \alpha \right)^2 \right\} + (f')^2 \dot{x}^2 - 2z \dot{x} \frac{d}{dt} \sin \alpha + 2 f' \dot{x} z \frac{d}{dt} \cos \alpha$$

$$T_{\text{disco}} = \frac{1}{2} \left(\frac{3}{2} m r^2 \right) \left(\frac{\dot{p}}{r} \right)^2$$

$$Q = \left(x - z \sin \alpha + z \cos \alpha, f(x) + z \cos \alpha \right)$$

$$\dot{Q} = \left(\dot{x} - z \frac{d}{dt} \sin \alpha + \dot{z}, f' \dot{x} + z \frac{d}{dt} \cos \alpha \right)$$

$$\dot{Q}^2 = \dot{p}^2 + \dot{z}^2 + 2x\dot{z} - 2z\dot{z} \frac{d}{dt} \sin \alpha$$

$$T_{\text{blocco}} = \frac{1}{2} m \dot{Q}^2$$